

2012 G U M B O REGIONALS

GUMBO Acadiana (Lafayette) - Saturday, March 10

GUMBO North (Shreveport) - Friday, March 23

GUMBO South (New Orleans, Harvey) - Saturday, March 30

GUMBO Crossroads (Tioga) - Saturday, April 14

Events of the Louisiana GUMBO Project

REGISTRATION

Each individual registering for regional competition must complete a separate entry form and sign the liability waiver and publicity release. All entry forms must be completed, signed by the parent and the coach, and sent to

Pam Carey
GUMBO Registration
2840 A Military Highway
Pineville, LA 71360
Fax #: 318 640-4299

Deadlines:

Acadiana – February 17

North, South, Crossroads – March 1

Late entries will not receive a free participant t-shirt.

ENTRY PROCEDURES FOR ATHLETES

Parents Must Complete the Following:

NAME: Identify the first name or nickname and the last name only. Do not use middle names or initials.

ADDRESS: Identify accurate mailing address with zip code.

PHONE #: Identify area code & Home phone

MEDICAL INSURANCE COMPANY: List the name and policy number. If Medicaid is applicable, identify by listing "MEDICAID - & Medicaid #.

EMERGENCY CONTACT: In case of an emergency, the parent or guardian must be located. Identify the relationship of the individual listed if **not** the parent or guardian. If the parent will be in attendance on meet day, write in attendance next to the phone number.

SIGNATURE/ADDRESS: All entry forms must be signed and dated by the parent or guardian if child is under 21 on the Permission to Participate page.

School Coach or Parent/Coach Complete the Following:

SCHOOL/GRADE: Identify the school level appropriately. (Example, Jones Middle or Jones High)

DISABILITY: Check appropriate disability; if "other", explain.

CLASSIFICATION: If the athlete has a split class, identify both, indicating the track class first.

COACH: Identify the individual who has responsibility for coaching and entry. This may be a parent or guardian.

T-SHIRT: Indicate the athlete's size (S-XXL) **Adult sizes only.**

EVENTS: Place a check in the appropriate block. A maximum of five events excluding the 800M (must have a 5 minute qualifying time). **All** events have a 5 minute time limit.

COACHES SIGNATURE/DATE: All forms must be signed by the GUMBO coach. In some cases, the coach may be a parent.

COMPETITION SITE: Check the appropriate site(s). If the athlete will be entering more than one competition, check all that apply and highlight them with a yellow marker to alert the registration chairperson.

PLEASE NOTE: ONLINE REGISTRATION AVAILABLE AT:

www.gumbogames.com

Click on 2012 Registration

You may submit the entry forms immediately, but you must mail or fax the signed Permission to Participate form to Pam Carey at 2840 A Military Hwy, Pineville, LA 71360 or Fax to 318 640-4299.

ENTRY PROCEDURES FOR COACHES

All coaches **must** complete and return the **Coach's Entry Form**. Include all required information.

***NOTE: Coaches are responsible for accuracy of all information. Incomplete forms may be returned!**

GENERAL INFORMATION

1. Competition sites are as follows:
Acadiana – Northside H.S., Lafayette
Crossroads – Tioga H.S., Tioga
North – Lee Hedges Stadium, Shreveport
South– Kings Grant Playground (Harvey)
2. These competitions will be conducted in accordance with current GUMBO rules as amended through 2010. All coaches and athletes are expected to be familiar with these rules.
3. All **new** athletes must have their classification reviewed by a trained classifier prior to competition. Please schedule a classifications review well in advance of the competition date.
4. Jr/Sr/Master Athletes may enter a maximum of five events **and** the 800M if qualified. Bantam athletes may enter a maximum of five events.
5. No competitor may add or switch events; original entry forms will be strictly followed. Adjustments can be made only when an athlete is reclassified.
6. **Release of Liability:** All athletes must submit the permission to participate form signed by a parent or guardian. All companion runners under the age of 18 must submit a companion runner entry form signed by a parent or guardian.
7. Starting times will be strictly adhered to. If the athlete is not ready to compete at the scheduled time, he/she will be scratched.
8. The Games Committee and officials reserve the right to disqualify any athlete not behaving in an appropriate manner.
9. **Coaches:** Coaches must complete the **Coaches Entry Form** and submit it by the appropriate entry deadline. Each athlete is entitled to only one official representative (coach or parent/coach).
10. **Track Information:**
 - a. Competition will be conducted on an all-weather track with a Tartan surface.
 - b. The honest effort rule will be enforced.
 - c. Only athletic attire that reflects the athletic credibility of sports for the disabled will be allowed.
11. Competitors' numbers will be issued on-site at registration and should be worn on the front.
12. Companion Runners for Visually Impaired athletes must be legally registered. Failure to register may

Coach's entry form is also available online at the above website.

result in disqualification of the VI or V2 athlete. Registration may be completed in advance or on-site. Companion runners under the age of 18 must have parental consent.

13. **Awards:** Ribbons with gold seals will be offered for those athletes who meet the state standard and finish first, second, and third in each event. Ribbons without gold seals will be offered for those athletes who do not meet the state standard and finish first, second, and third in each event. **All athletes who place first, second, or third (regardless of making standard) will qualify for the State Invitational Meet in the fall.**

Awards may be picked up at the awards station after final results are posted. All awards are sponsored by members of Louisiana Elks Association.

TRANSPORTATION

Transportation is the responsibility of each individual athlete and/or team. For additional information regarding special transportation needs, contact your local special education supervisor.

LODGING and FOOD

ACCOMMODATIONS

Lodging for each of the regional competitions is the responsibility of each athlete/team.

LUNCH

Complimentary lunches will be served to athletes, coaches, and volunteers at each competition.

CLASSIFICATION INFORMATION

All new athletes competing for the first time in 2012 **must** be classified according to the GUMBO functional classification system prior to competition. To allow time for necessary changes, all new competitors **must** have their classification reviewed by a qualified/certified classifier at least **three weeks** prior to competition. Classification re-checks/reviews will be offered throughout the state. New or inexperienced coaches or coaches of new athletes are encouraged to review classification procedures (see next page), and to contact Pam Carey prior to entering athletes for competition. Classification reviews will be scheduled according to need in each of the four regions. For more information or assistance, call Pam at 1-800-259-7200.

New athletes entered without proper classification may be restricted from competition onsite. This rule will be strictly enforced.

PLEASE NOTE ENTRY DEADLINES:

Feb. 17, 2012. GUMBO ACADIANA

Class 9

Minimally involved hemiplegia or very minimally involved quadriplegia; ambulates freely without assistive devices; Upper limb amputee.



Functional Classification System

Physical Disabilities/Wheelchair Competitors

Class 1a Severe quadriplegia; uses electric wheelchair for daily activities, may use manual assistance. (Example: CP)

Class 1b Severe weakness and lack of muscle tone because of neurological or degenerative disease; uses electric wheelchair for daily activities. (Example: M.D. or M.S.)

Class 2 Severe quadriplegia with limited trunk balance who propels wheelchair with legs or arms because of severe spasticity or a cervical spinal cord lesion.

Class 3 Moderate quadriplegic cerebral palsy, or quadriplegic spinal cord participant having minimal to moderate use of trunk and upper extremities.

Class 4 Paraplegia; good upper extremity strength and control; poor balance; weak abdominals; must use wheelchair for events.

Class 5 Paraplegia; good upper extremity strength and control; good balance; strong abdominals; must use wheelchair for events.

Physical Disabilities/Ambulatory Competitors

Class 6 Paraplegia; moderate hemiplegia; ambulates and races using assistive devices. Canes, walkers, and crutches are acceptable. Braces are not considered assistive devices.

Class 7 Severe triplegia; quadriplegic athetoid cerebral palsy participant; ambulates without assistive devices; exhibits severe gait deviations and obvious coordination difficulties.

Class 8 Moderately hemiplegia or moderate to minimal quadriplegia; may have moderate to minimal spasticity in limbs; ambulates without assistive devices.

Visually Impaired Competitors

V1 Totally blind; may possess light perception, but unable to recognize hand shapes at any distance. Must wear darkened shades/glasses for competition.

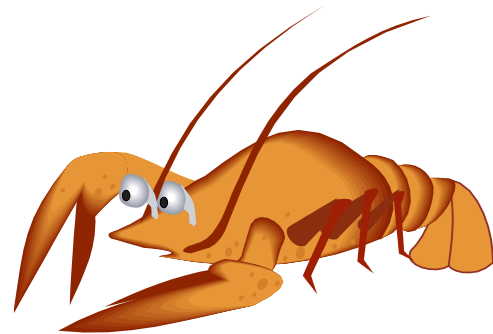
V2 Recognizes hand shapes up to 20/800 or field limited to 5 degrees.

V3 Visual acuity from 20/200 or field limitation from 6 to 20 degrees.

V4 Any student receiving special ed. services for the Visually Impaired but not meeting the criteria for a V1 - V3 athlete.

For more information regarding classification or assistance, please contact Pam Carey, Project Coordinator at 1-800-259-7200 X17.

Athletes must be properly classified 3 weeks prior to competition!



***GUMBO
A Recipe for Success!***